



12 Squadron RCACS Activity Information Handout

<u>Activity Information</u>	
Activity Name	Operation Sports Ball
Activity Type	Area Directed Activity – Sports Day
Participants	Open to all cadets
Attendance Required?	<input checked="" type="checkbox"/> Fundamental/Elemental <input type="checkbox"/> Optional
Dates	March 14, 2026
Drop off Time and Location	Saturday 14 Mar 2026 0900 @ Edmonton Garrison Fitness Centre, 185 Hwy 28A, Lancaster Park, AB
Dress	Sports Attire, bring water bottle
Pick up Time	Saturday 21 Feb 2026 @ 1600 @ Edmonton Garrison Fitness Centre, 185 Hwy 28A, Lancaster Park, AB
Meals/Food Provided	• Lunch Provided
Sperate Kit list attached?	Yes X No
Overnight Accommodations?	NIL
Officer in charge	Capt Varey
Contact	12air@cadets.gc.ca 780 278 7665

Activity Description and Narrative: Operation Sports Ball is a 1 day fitness activity at the Edmonton Garrison Fitness Centre in support our aim to promote physical fitness. Cadets are expected to eat breakfast prior to arrival at the fitness centre. We recommend they keep all their personal electronics at home in case they get lost or broken. If Cadets are not able to attend indicate on permission slip and please email 12air@cadets.gc.ca. Cadets and parents/families should retain this activity sheet for their own information, however, are expected to return any signed permission forms in person or by email.

PARENTS WILL BE REQUIRED TO PICK UP AND DROP OFF THEIR CADETS AT THE ADDRESS NOTED ABOVE.

ANNEX D- Permission Form

Permission Form

Activity Information: Operation Sports Ball is a 1 day fitness activity at the Edmonton Garrison Fitness Centre in support our aim to promote physical fitness. Details are provided in the "Activity Handout" that has been provided to every cadet AND is available on MS Teams and the Squadron Website (<https://www.12aircadets.ca/>). Please fill out the below information. Please initial next to every item. As always, concerns, questions and to submit via email, please email 12air@cadets.gc.ca

Declaration	Parent Initials
I understand that my cadet will be traveling to activity by bus and that I am responsible to ensure they are dropped off and picked up at the timing and locations detailed below	
I understand the times my cadet is expected to be dropped off at 0900 Saturday 14 Mar 2026 at The Edmonton Garrison Fitness Centre (185 Hwy 28A, Lancaster Park, AB) and picked up at 1600 Saturday 14 Mar 2026 at the same location.	
I understand that food will be provided to my cadet in the form of boxed lunches from the CFB Edmonton Mess Hall and my cadet is not permitted to bring their own food unless otherwise cleared through the staff due to dietary restrictions by contacting us by email.	
I understand that my cadet will be required to strictly follow the provided kit list and will not be allowed to attend without bring all the required item.	
I understand that I will not be permitted to leave my child when dropping them off until AFTER a kit check has occurred, and they have been screened and signed in.	

If your cadet has any dietary restrictions, please list them here.. Please list any details. If you require your cadet to bring their own food, please contact us:

If your cadet has any prescription medications that must be taken, please list them here, as well as the time they must be take Please note, your cadet will be responsible for keeping their mediation on them and self-administering it when needed, however it will be supervised and enforced by Adult Staff. If there are concerns about the above, please contact us.

Will your cadet be attending the event?:

Yes

No

Cadet Name: _____ Cadet Rank: _____

Parent Name: _____ Parent Signature: _____ Date: _____

*By checking the "none of the above" option, you understand that this is a mandatory activity, and it may affect your cadet passing their level and receiving a promotion by not attending and completing their training